

MEATH Schools

The following support is available to schools running **Active School Week** programmes - please make sure to SCROLL DOWN to the bottom of this page.

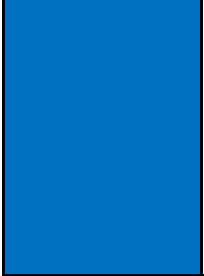
NEW offers will be uploaded as and when they come in to us so make sure to regularly check the MEATH tab.

ACTIVITY	OFFERS/IDEAS	Target Groups	Dates of OFFER	CONTACT
ATHLETICS	If you haven't yet launched The Daily Mile in your school national Active School Week is the perfect week to do so. School SIGN UP	Primary Schools	All Year	Nick Skelly nickskelly@thedailymile.ie
HOCKEY Skills Challenge	<u>Hockey Skills Challenge</u> Why not take on a Hockey Skills Challenge during <i>Active School Week</i> ? This skills circuit is easy to run and easy to set up with FREE online resources available to support you every step of the way. REGISTER	Primary Post Primary	April - June	Sue Haslam Sue.haslam@hockey.ie
IRISH HEART FOUNDATION	<u>'Let's Get Active' Physical Activity Award</u> The Irish Heart Foundation 'Let's Get Active' award is a FUN way to encourage children to get at least 60 MINUTES of physical activity every day, over a 4	Primary Schools	All Year	schools@irishheart.ie

	<p>weeks period. Available FREE to schools running ASW programmes. IHF Schools Programmes</p> <p><u>SKIPATHON</u> Skipathon is a fun schools-based fundraising and physical activity campaign that has been inspiring Irish children to keep active while raising vital funds for the Irish Heart Foundation for the last 35 years.</p> <p>Participating schools receive an Irish Heart Foundation Skipathon pack, including a Skipathon brochure, skipping ropes, posters and sponsorship cards. REGISTER</p>	Primary Schools	All Year	skip@irishheart.ie
LEISURE CENTRE	<p>Club Active, KELLS</p> <p>Free use of Gym School-based taster sessions Free FIT KIDS class (@16.15 on 8th and 10th, May) Pre-booking required for all offers</p>	Post Primary Post Primary Primary	7-10 May	Byran Foy info@clubactivekells.ie
PITCH and PUTT	<p>Laytown Pitch and Putt Club</p> <p>FREE use of facility FREE coaching session</p>	Primary Pot Primary	April - June	Paddy Bird Paddybird2004@gmail.com

PITCH and PUTT	<u>Trim Pitch and Putt Club</u> FREE use of facility FREE coaching session	Primary Post Primary	April - June	Paddy Kelly paddyk8@hotmail.com
PITCH and PUTT	<u>Navan Pitch and Putt Club</u> FREE use of facility FREE coaching session	Primary Post Primary	April - June	Johnny Hughes navanpitchputt@gmail.com
SWIMMING	<u>‘SWIM for a MILE’ – FREE Swim Hats Offer</u> Does your school participate in swimming lessons? If so, why not participate in the ‘Swim for a Mile’ challenge event during national ‘Active School Week’ (7-10 May, 2019) <u>1 mile = 64 lengths (25m pool)</u> The challenge can be completed individually, in pairs/teams or by your whole class working together. FREE swim hats will be awarded to every student that participates in the ‘Swim for a Mile’ challenge during national Active School Week.	Primary Post Primary Primary schools	7-10 May	Carol Finlay carolfinlay@swimireland.ie

TRIATHLON	Triathlon coach available to visit school to give a FREE taster session of the ‘Tri-Heroes’ programme	Primary Schools	April - June	Gary Crossan gary@triathlonireland.com
TUG of WAR	Tug of War demonstration and mini competition. <i>A small fee will apply.</i>	Primary Post Primary	April - June	Cathy O Toole Ladiestugofwar2015@gmail.com
ULTIMATE FRISBEE	Experienced coach available to visit schools to give an Introductory session <i>(a small fee applies)</i>	Primary Post Primary	April - June	Dominick Smyth dominick@DublinYouthUltimate.com 086 150 7333
WALKING	<p><u>SHOWCASE your Active School WALKWAY</u></p> <p>Schools are encouraged to get out in the fresh air and to use their Active School WALKWAY during national Active School Week (7-10 May, 2019).</p> <p>SHARE a short video of your WALKWAY ‘in action’ on Twitter @GetIreWalking @activeflag to be in with a chance to win a set of outdoor speakers for your school. Remember to use #ASW19</p>	Primary Post Primary Special Schools	All Year Closing Date: June 17th	



Active School WALKWAY packs are available to schools that engage with the Active School Flag programme and attend ASF training events.

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