

DUBLIN Schools

The following support is available to schools running **Active School Week** programmes - please make sure to SCROLL DOWN to the bottom of this page.

NEW offers will be uploaded as and when they come in to us so make sure to regularly check the DUBLIN tab.

ACTIVITY	OFFERS/IDEAS	Target Groups	Dates of OFFER	CONTACT
ATHLETICS	If you haven't yet launched The Daily Mile in your school national Active School Week is the perfect week to do so. School SIGN UP	Primary Schools	All Year	Nick Skelly nickskelly@thedailymile.ie
BOXING	<i><u>Esker Boxing Club, Lucan</u></i> <i>Qualified garda vetted boxing coach available to visit schools and provide taster sessions using non-contact boxing drills. Boxing equipment provided</i>	Primary (ages 8+) Post Primary	April - June	Mags Cross magscross@gmail.com 0876494142
Dublin City Sport and Well Being Partnership	<u>Dublin City Areas: D1, 2, 3, 4, 5, 6, ,7, 8, 9, 10, 11, 12, 13, 17, 20</u> Team of 18 Sport Officers & 2 Social Inclusion & Integration Officers are available to work with schools and local communities to provide a range of different sports programmes and activities.	Primary Post Primary	April - June	FIND OUT MORE about DUBLIN CITY Sports Robert Abbey Robert.abbey@dublincity.ie / (01) 222 5025 Nuala O Donovan/Lisa Kelly SportsInclusion@dublincity.ie

	<p>Please SHARE your #ASW19 photos and videos with us on:</p> <ul style="list-style-type: none"> ✓ Twitter @dccsportsrec ✓ Facebook @DublinCitySportandWellbeingPartnership 			
<p>DUN-LAOGHAIRE RATHDOWN Sports Partnership</p>	<p>Dún Laoghaire Rathdown Sports Partnership, FIND OUT MORE</p> <p><u>Information & contacts</u> on the various physical activity opportunities that are available in the local community to compliment and support school PE programmes and to promote physical activity.</p> <p><u>Sports Officers & Coaching</u> - links with tutors & sports development officers to highlight availability of different sports opportunities including Rugby, Soccer & Cricket Development Officers.</p> <p><u>Disability Inclusion</u> – one of the key elements to our work is the inclusion of children with a disability into sport. Our Sports Inclusion Disability Officer is on hand to assist your school around this.</p> <p><u>Promotion</u> – we can help you promote school programmes and events through our website, social media channels and through contacts with local print media and radio.</p>	<p>All Schools</p>	<p>All Year</p>	<p>sportspartnership@dlrcoco.ie</p> <p>Shane McArdle smcardle@dlrcoco.ie</p> <p>Brian O'Donnell bodonnell@dlrcoco.ie</p> <p>sportspartnership@dlrcoco.ie</p>

	<p><u>Staff/Volunteer Training</u> – courses include Safeguarding (Child Protection in Sport), Sports First Aid, Coaching Children, Disability Awareness/Inclusion, Autism in Sport, Sports Leader.</p> <p><u>Event Equipment</u> – availability of a range of equipment for schools, on loan, to host large events (inc. tent, sound system, finish gantry).</p> <p>Dun-Laoghaire Rathdown Sports Partnership would love to find out about what schools are doing for #ASW19. Please share your photos and videos with us:</p> <ul style="list-style-type: none"> ✓ Twitter @dlrSportsTeam ✓ Facebook @dlrsportspartnership 			<p>Gwen O' Looney golooney@dlrcoco.ie</p> <p>Rachel Sinnott rsinnott@dlrcoco.ie</p>
GOLF	<p><u>North County Dublin Schools</u></p> <p>FREE primary school Golf taster session Available to schools with a large indoor area</p>	Primary	7-10 May Other dates - subject to availability	<p>Maria Dunne maria@cgigolf.org</p>
HOCKEY Skills Challenge	<p>Why not take on a Hockey Skills Challenge during <i>Active School Week</i>? This skills circuit is easy to run and easy to set up with FREE online resources available to support you every step of the way.</p> <p>REGISTER</p>	Primary Post Primary	April - June	<p>Sue Haslam Sue.haslam@hockey.ie</p>

HOCKEY	<p><u>FINGAL Area Schools</u></p> <p>A FREE session from a Hockey Ireland coach as part of the Tricks for Sticks programme. Teacher coach education also a possibility.</p>	Primary	April – June (subject to availability)	Kenny.carroll@hockey.ie
IRISH HEART FOUNDATION	<p><u>'Let's Get Active' Physical Activity Award</u></p> <p>The Irish Heart Foundation 'Let's Get Active' award is a FUN way to encourage children to get at least 60 MINUTES of physical activity every day, over a 4 weeks period. Available FREE to schools running ASW programmes.</p> <p>IHF Schools Programmes</p> <p><u>SKIPATHON</u></p> <p>Skipathon is a fun schools-based fundraising and physical activity campaign that has been inspiring Irish children to keep active while raising vital funds for the Irish Heart Foundation for the last 35 years.</p> <p>Participating schools receive an Irish Heart Foundation Skipathon pack, including a Skipathon brochure, skipping ropes, posters and sponsorship cards.</p> <p>REGISTER</p>	Primary Schools	All Year	schools@irishheart.ie
		Primary Schools	All Year	skip@irishheart.ie

KICK BOXING	<u>Bushido Martial Arts Centre, Clondalkin, Dublin 22</u> FREE taster sessions for students, staff, TY programmes etc.	Primary and Post Primary schools	March - June	Ilija Salerno Ilija.salerno@gmail.com National Secretary: Martin Mc Mahon secretary@kickboxingireland.ie
KICK BOXING	<u>Tallaght Martial Arts, Dublin 24</u> FREE taster sessions for students, staff, TY programmes etc.	Primary and Post Primary schools	March - June	Martin Bannon Tma.bano@yahoo.ie National Secretary: Martin Mc Mahon secretary@kickboxingireland.ie
KICK BOXING	<u>Global Kickboxing, Blanchardstown, Dublin 15</u> FREE taster sessions for students, staff, TY programmes etc.	Primary and Post Primary schools	March - June	Jimmy Upton uptonkb@gmail.com National Secretary: Martin Mc Mahon secretary@kickboxingireland.ie
KICK BOXING	<u>Elite Martial Arts, Artane, Dublin 7</u> FREE taster sessions for students, staff, TY programmes etc.	Primary and Post Primary schools	March - June	Robbie Haugh robbiehaugh@gmail.com National Secretary: Martin Mc Mahon secretary@kickboxingireland.ie

KICK BOXING	<u>Mugendo, Coolock</u> FREE taster sessions for students, staff, TY programmes etc.	Primary and Post Primary schools	March - June	Alan Johnson Alan.johnson@welfare.ie National Secretary: Martin Mc Mahon secretary@kickboxingireland.ie
KICK BOXING	<u>Korean Kickboxing, Cabra</u> FREE taster sessions for students, staff, TY programmes etc.	Primary and Post Primary schools	March - June	Nicholas Duffy nickoduffy@hotmail.com National Secretary: Martin Mc Mahon secretary@kickboxingireland.ie
KICK BOXING	<u>Kombat Martial Arts, Balbriggan, Co Dublin</u> FREE taster sessions for students, staff, TY programmes etc.	Primary and Post Primary schools	March - June	Eddie Byrne eddie@kombat.ie National Secretary: Martin Mc Mahon secretary@kickboxingireland.ie
KICK BOXING	<u>Red Star Kickboxing, Dublin 11</u> FREE taster sessions for students, staff, TY programmes etc.	Primary and Post Primary schools	March - June	Jon Mackey Taekwondo77@gmail.com National Secretary: Martin Mc Mahon secretary@kickboxingireland.ie

LEISURE CENTRE	<p>DLR MeadowBrook Broadford Road, Ballinteer, Dublin 16</p> <p>FREE use of 5 a side pitches during school hours <i>Pre-booking needed and school teacher supervision required.</i></p> <p>FREE swim passes for schools to give out during national Active School Week</p>	<p>Local Primary and Post and Post Primary Schools</p>	<p>7-10 May</p>	<p>Michelle O Reilly moreilly@dlrleisure.ie</p>
LEISURE CENTRE	<p>Fit2Go Fitness Facility, DIT Campus, Grangegorman Fit2Go Fitness Facility, DIT Campus, Kevin Street</p> <p>FREE Class Passes</p> <ul style="list-style-type: none"> · Pre-Teen Fitness classes · Teen Fitness classes <p>FREE GYM/Activity Sessions for pre-booked post primary classes (subject to availability)</p> <p>‘Swim for a MILE’ challenge – for schools that have swimming lessons scheduled during #ASW</p>	<p>Post Primary</p> <p>Post Primary</p> <p>Primary/Post Primary</p>	<p>7-10 May</p> <p>May – June</p> <p>7-10 May</p>	<p>Laura Fitzpatrick Laura.fitzpatrick@dit.ie</p> <p>Laura Fitzpatrick Laura.fitzpatrick@dit.ie</p> <p>Darren Joyce Darren.joyce@dit.ie</p>
ORIENTEERING	<p>South Dublin County Sport Partnership has installed permanent orienteering courses at the following locations:</p> <p>✓ CORKAGH Park</p>	<p>Primary and Post Primary Schools</p>	<p>All Year</p>	<p>http://sdcsp.ie/orienteering/</p> <p>Find out more about Schools Orienteering</p>

	<ul style="list-style-type: none"> ✓ GRIFFEEN Valley Park ✓ TYMON Park ✓ The HELL FIRE Club ✓ MASSEY’S Wood. <p>All the maps for these courses are available are available to download <u>FREE of charge</u></p>			
<p>PARKRUN Juniors</p>	<p>ALBERT College Junior parkrun Glasnevin, Dublin 9</p> <p>ALBERT COLLEGE junior parkrun invites local schools to celebrate ACTIVE SCHOOL WEEK by joining them on:</p> <p>Sunday, 5th May@ 9.30am Sunday, 5th May @9.30am</p> <p>Pupils are encouraged to dress in their school colours and to bring along their school flag/mascot. Every participating school will get a really big SHOUT OUT at the start. Guaranteed FUN and suitable for children of all abilities.</p> <p>Interested schools should contact the junior Event Director <i>in advance</i></p>	<p>2km FUN run for juniors aged 4-14years</p>	<p>5/12 May</p> <p>And EVERY Sunday</p>	<p>Junior Event Director: Bronagh Traynor albertcollege-junioroffice@parkrun.com</p> <p>Teachers - Why not REGISTER your school as a parkrun club? Your school name will appear in the parkrun results making it really easy to track progress REGISTER your SCHOOL - as a Parkrun club</p> <p>PUPIL REGISTRATION – Every pupil must register themselves online with parkrun, in advance, using their school name, in order to receive their parkrun barcode. This will allow them to look up their times and see how their school does every week.</p> <p><u>The printed barcode must be brought along on the day for results.</u></p>

<p>PARKRUN Juniors</p>	<p>BALBRIGGAN Junior parkrun</p> <p>BALBRIGGAN junior parkrun invites local schools to celebrate ACTIVE SCHOOL WEEK by joining them on:</p> <p>Sunday, 5th May @ 9.30am Sunday, 12th May @9.30am</p> <p>Pupils are encouraged to dress in their school colours and to bring along their school flag/mascot. Every participating school will get a really big SHOUT OUT at the start. Guaranteed FUN and suitable for children of all abilities.</p> <p>Interested schools should contact the junior Event Director <i>in advance</i></p>	<p>2km FUN run for juniors aged 4-14years</p>	<p>5/12 May And EVERY Sunday</p>	<p>Junior Event Director: Andrea Wilson balbriggan-juniorsoffice@parkrun.com</p> <p>Teachers - Why not REGISTER your school as a parkrun club? Your school name will appear in the parkrun results making it really easy to track progress REGISTER your SCHOOL - as a Parkrun club</p> <p>PUPIL REGISTRATION – Every pupil must register themselves online with parkrun, in advance, using their school name, in order to receive their parkrun barcode. This will allow them to look up their times and see how their school does every week.</p> <p><u>The printed barcode must be brought along on the day for results.</u></p>
<p>PARKRUN Juniors</p>	<p>DEERPARK Junior parkrun Stillorgan</p> <p>DEERPARK junior parkrun invites local schools to celebrate ACTIVE SCHOOL WEEK by joining them on:</p>	<p>2km FUN run for juniors aged 4-14years</p>	<p>5/12 May And EVERY Sunday</p>	<p>Junior Event Director: Lucia Lambe lambe.lucia@gmail.com</p> <p>Teachers - Why not REGISTER your school as a parkrun club? Your school name will appear in the parkrun results making it really easy to track progress REGISTER your SCHOOL - as a Parkrun club</p>

	<p>Sunday, 5th May @ 9.30am Sunday, 12th May @9.30am</p> <p>Pupils are encouraged to dress in their school colours and to bring along their school flag/mascot. Every participating school will get a really big SHOUT OUT at the start. Guaranteed FUN and suitable for children of all abilities.</p> <p>Interested schools should contact the junior Event Director <i>in advance</i></p>			<p><u>PUPIL REGISTRATION</u> – Every pupil must register themselves online with parkrun, in advance, using their school name, in order to receive their parkrun barcode. This will allow them to look up their times and see how their school does every week. <u>The printed barcode must be brought along on the day for results.</u></p>
<p>PARKRUN Juniors</p>	<p>HOLYWELL Junior parkrun Swords</p> <p>HOLYWELL junior parkrun invites local schools to celebrate ACTIVE SCHOOL WEEK by joining them on:</p> <p>Sunday, 5th May @ 9.30am Sunday, 12th May @9.30am</p> <p>Pupils are encouraged to dress in their school colours and to bring along their school flag/mascot. Every participating school will get a really big SHOUT OUT at the start. Guaranteed FUN and suitable for children of all abilities.</p> <p>Interested schools should contact the junior parkrun Event Director <i>in advance</i></p>	<p>2km FUN run for juniors aged 4-14 years</p>	<p>5/12 May, And EVERY Sunday</p>	<p>Junior Event Director: Sinead Davy holywell-juniorsoffice@parkrun.com</p> <p>Teachers - Why not REGISTER your school as a parkrun club? Your school name will appear in the parkrun results making it really easy to track progress <u>REGISTER your SCHOOL - as a Parkrun club</u></p> <p>REGISTER your school as a club</p> <p><u>PUPIL REGISTRATION</u> – Every pupil must register themselves online with parkrun, in advance, using their school name, in order to receive their parkrun barcode. This will allow them to look up their times and see how their school does every week.</p>

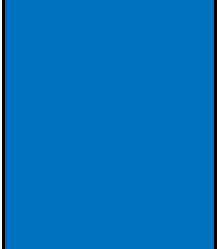
<p>PARKRUN Juniors</p>	<p>MARLAY Junior parkrun Rathfarnham</p> <p>MARLAY junior parkrun invites local schools to celebrate ACTIVE SCHOOL WEEK by joining them on:</p> <p>Sunday, 5th May @ 9.30am Sunday, 12th May @9.30am</p> <p>Pupils are encouraged to dress in their school colours and to bring along their school flag/mascot. Every participating school will get a really big SHOUT OUT at the start. Guaranteed FUN and suitable for children of all abilities.</p>	<p>2km FUN run for juniors aged 4-14years</p>	<p>5/12 May And EVERY Sunday</p>	<p>Junior Event Directors: Daragh Kelly and Carol Healy daragh.kelly@parkrun.com Marlay-juniorsoffice@parkrun.com</p> <p>Please get in touch with Daragh and Carol, and we will we guide you through the registration process for your school.</p> <p>Children should register online (free) <i>in advance</i> http://www.parkrun.ie/register/ to receive barcode and instructions</p>
<p>PARKRUN Juniors</p>	<p>RUSH Junior parkrun Kenure Woods</p> <p>Facebook: https://www.facebook.com/Rush-junior-parkrun-915335988548600/?ref=bookmarks</p> <p>RUSH junior parkrun invites local schools to celebrate ACTIVE SCHOOL WEEK by joining them on:</p>	<p>2km FUN run for juniors aged 4-14years</p>	<p>5/12 May and EVERY Sunday!</p>	<p>Junior Event Director: Niall Power rush-juniorshelpers@parkrun.com</p> <p>Teachers - Why not REGISTER your school as a parkrun club? Your school name will appear in the parkrun results making it really easy to track progress REGISTER your SCHOOL - as a Parkrun club</p> <p>PUPIL REGISTRATION – Every pupil must register themselves online with parkrun, in</p>

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<p>PARKRUN Juniors</p>	<p>St ANNE'S Junior parkrun Clontarf, Dublin 5</p> <p>ST ANNE'S junior parkrun invites local schools to celebrate ACTIVE SCHOOL WEEK by joining them on:</p> <p>Sunday, 5th May @ 9.30am Sunday, 12th May @9.30am</p> <p>Pupils are encouraged to dress in their school colours and to bring along their school flag/mascot. Every participating school will get a really big SHOUT OUT at the start. Guaranteed FUN and suitable for children of all abilities.</p> <p>Interested schools should contact the junior Event director <i>in advance</i></p>	<p>2km FUN run for juniors aged 4-14years</p>	<p>5/12 May And EVERY Sunday</p>	<p>Junior Event Director: Gillian Kenny stannesjuniors@parkrun.com</p> <p>Teachers - Why not REGISTER your school as a parkrun club? Your school name will appear in the parkrun results making it really easy to track progress REGISTER your SCHOOL - as a Parkrun club</p> <p>PUPIL REGISTRATION – Every pupil must register themselves online with parkrun, in advance, using their school name, in order to receive their parkrun barcode. This will allow them to look up their times and see how their school does every week.</p> <p><u>The printed barcode must be brought along on the day for results.</u></p>

<p>PARKRUN Juniors</p>	<p>Griffeen Park Junior parkrun Lucan, Co. Dublin</p> <p>GRIFFEEN Park junior parkrun invites local schools to celebrate ACTIVE SCHOOL WEEK by joining them on:</p> <p>Sunday, 5th May @ 9.30am Sunday, 12th May @9.30am</p> <p>Pupils are encouraged to dress in their school colours and to bring along their school flag/mascot. Every participating school will get a really big SHOUT OUT at the start. Guaranteed FUN and suitable for children of all abilities.</p> <p>Interested schools should contact the junior Event director <i>in advance</i></p>	<p>2km FUN run for juniors aged 4-14years</p>	<p>5/12 May And EVERY Sunday</p>	<p>Teachers - Why not REGISTER your school as a parkrun club? Your school name will appear in the parkrun results making it really easy to track progress</p> <p>REGISTER your SCHOOL - as a Parkrun club</p> <p>PUPIL REGISTRATION – Every pupil must register themselves online with parkrun, in advance, using their school name, in order to receive their parkrun barcode. This will allow them to look up their times and see how their school does every week.</p> <p><u>The printed barcode must be brought along on the day for results.</u></p>
<p>PITCH and PUTT</p>	<p>Lucan Pitch and Putt Club</p> <p>FREE use of facility FREE coaching session</p>	<p>Primary (ages 10+) Post Primary</p>	<p>March - June</p>	<p>Peter Keogh info@lucanpitchandputt.com</p>

PITCH and PUTT	<u>Ierne Pitch and Putt Club, Drumcondra, Dublin 9</u> FREE use of facility FREE coaching session	Primary Post Primary	April - June	Catherine Lally catherine.ierne@gmail.com
PITCH and PUTT	<u>Old County Pitch and Putt Club, Kimmage, Dublin 12</u> FREE use of facility FREE coaching session	Primary Post Primary	April - June	Rob Ryan oldcounty@iol.ie
PITCH and PUTT	<u>Loughlinstown Pitch & Putt Club</u> FREE use of facilities	South Dublin Post Primary Schools	April - June	Aiden Clarke loughlinstownpitchandputt@gmail.com
SWIMMING	‘SWIM for a MILE’ – FREE Swim Hats Offer Does your school participate in swimming lessons? If so, why not participate in the ‘Swim for a Mile’ challenge event during national ‘Active School Week’ (7-10 May, 2019) <u>1 mile = 64 lengths (25m pool)</u> The challenge can be completed individually, in pairs/teams or by your whole class working together.	Primary Post Primary schools	7-10 May	Carol Finlay carolfinlay@swimireland.ie

	FREE swim hats will be awarded to every student that participates in the 'Swim for a Mile' challenge during national Active School Week.			
TRIATHLON	Triathlon coach available to visit school to give a FREE taster session of the 'Tri-Heroes' programme	Primary Schools	April - June	Gary Crossan gary@triathlonireland.com
TUG of WAR	Tug of War demonstration and mini competitions for participating classes. €20 fee applies schools wish to purchase a children's tug of war rope	Primary Post Primary	April - June	Cathy O Toole ladiestugofwar2015@gmail.com
ULTIMATE FRISBEE	Experienced coach available to visit schools and to give an Introductory session. <i>(a small fee applies)</i>	Primary and Post Primary schools	April - June	Dominick Smyth dominick@DublinYouthUltimate.com 086 150 7333
WALKING	<u>SHOWCASE your Active School WALKWAY</u> Schools are encouraged to get out in the fresh air and to use their Active School WALKWAY during national Active School Week (7-10 May, 2019). SHARE a short video of your WALKWAY 'in action' on Twitter @GetIreWalking @activeflag to be in	Primary Post Primary Special Schools	All Year	info@getirelandwalking.ie



with a chance to win a set of outdoor speakers for your school. Remember to use **#ASW19**

Active School WALKWAY packs are available to schools that engage with the Active School Flag programme and attend ASF training events.

Closing
Date:
June 17th