

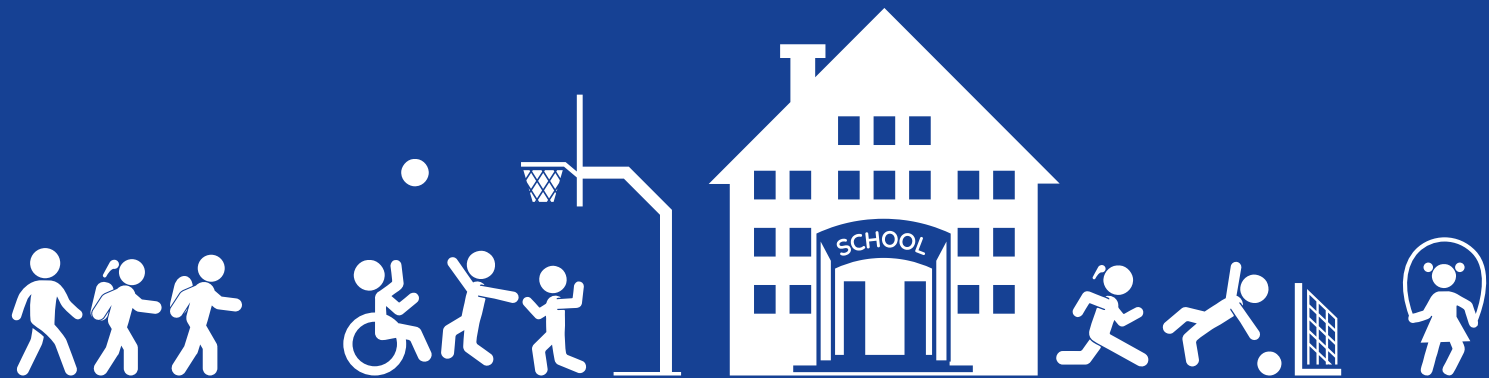


Nearly There



An Roinn Oideachais
agus Scileanna
Department of
Education and Skills





Physically inactive pupils spend long periods of time sitting in every teacher's class, every day. Therefore, Active School Flag must be a **whole school process**.

SUCCESS CRITERIA: Physical Education

Our school website/PPT includes a section about PHYSICAL EDUCATION.

All pupils receive 60 minutes of timetabled PE every week.

All classes are taught 5 different PE strands each year.

Our PE programme allocates a balanced amount of time to each PE strand area.

Our school prioritises a different PE strand for further development every year.

All teachers use the PSSI lesson plan to guide their delivery of the PE curriculum.

Every child's progress is discussed with parents at PT meetings/annual reports.

Members of staff have undertaken CPD in PE during the past 12 months.

Our school carries out a PE equipment audit every year.

Our PE equipment and resources are clearly organised, labelled and accessible.

Our school ensures that PE is planned to be accessible by all pupils.

Schools wishing to achieve the ASF must be able to say YES to ALL of the above criteria.

SUCCESS CRITERIA: Physical Activity

Our school website/PPT includes a section about PHYSICAL ACTIVITY.

Our school provides twice daily playground breaks.

Children are allowed to run during playground breaks.

Our school yard is zoned to allow a variety of activities.

Our school facilitates the use of sports equipment during break times.

Our school trains pupils as Playground Leaders.

Our school has sign posted an Active School WALKWAY.

Children and staff are encouraged to 'Do your Talking when you are Walking'.

Every class incorporates short physical activity breaks into their daily routine.

When children cannot play outdoors an extended active break takes place.

ALL classes participated in a non-competitive running initiative (4+ weeks)

Our school incorporates physical activity into annual calendar events.

Our school ensures that ASF activities are accessible by all pupils.

Schools wishing to achieve the ASF must be able to say YES to ALL of the above criteria.

SUCCESS CRITERIA: Partnerships

Our school website/PPT includes a section about PARTNERSHIPS.

We worked together as a school, to find and agree on an ASF slogan.

We established an ASF committee at the start of the process.

Our school gives pupils many and varied ASF leadership roles.

Senior pupils conducted a 'What Clubs are you in?' survey.

Our school acknowledges physical activity achievements (in/out school).

Our school emailed the Local Sports Partnership.

Our school emailed the local HSE Physical Activity Officer.

Our school emailed the local Sports Inclusion Disability Officer.

Schools wishing to achieve the ASF must be able to say YES to ALL of the above criteria.

SUCCESS CRITERIA: Active School Week

Our school website/PPT includes a section about ACTIVE SCHOOL WEEK.

Our school commits to having an ASW as part of the annual school calendar.

Our school ensures that all ASW activities are planned to be accessible.

Our school involves pupils in the design and organisation of ASW.

Tracksuits replaced uniforms for staff and pupils for the duration of ASW.

Our school promoted physical activity in a cross-curricular way during ASW.

Our school gives physical activity tasks as homework during ASW.

Our school organised a whole school FUN activity during ASW.

Our school invites parents to participate in ASW activities.

Our school invited local sports clubs to give 'taster sessions' during ASW.

Our school made use of local physical activity amenities during ASW.

Schools wishing to achieve the ASF must be able to say YES to ALL of the above criteria.

SUCCESS CRITERIA: Renewal Schools

Our school prescribes PE homework on the days when classes have PE.

Our school teaches the Land PAWS water safety programme.

Our school awards pupils with additional physical activity opportunities instead of 'sweets as treats'.

All senior classes completed the 60 Minutes Physical Activity Challenge Chart once per term.

Our school distributed the ASF PUPIL questionnaire, discussed the findings and acted upon the feedback.

Our school distributed the ASF PARENT questionnaire, discussed the findings and acted upon the feedback.

We introduced a completely new activity to our ASW programme this year.

Schools wishing to renew the ASF must be able to say YES to these additional success criteria.

Screening

APPLICATION Form

✓ Success Criteria Physical Education

✓ Success Criteria Physical Activity

✓ Success Criteria Partnerships

✓ Success Criteria Active School Week



ASSESSMENT = Application Form + Website/PPT

ACCREDITATION Visit

Once the ASF screening committee approve out application an ASF accreditor, on an agreed date, will visit our school (90 minutes). The purpose of the visit is to:

- ▶ Verify that our school is meeting all of the ASF success criteria.
- ▶ Meet with, and acknowledge the efforts of the ASF coordinator(s), committee and everyone else that helped out with the process.



Flag AWARDED



Successful NEW Applicant schools will:

- ▶ Receive an Active School Flag.
- ▶ Receive an Active School Flag certificate.
- ▶ Be listed as an Active School on www.activeschoolflag.ie
- ▶ Once awarded the flag remains valid for a period of 3 years.



RENEWAL schools will receive a darker version of the Active School Flag.

RENEWAL schools (flag 3) will also receive an outdoor banner for their school railings.