# PARENT Questionnaire

Please do not write your name on this questionnaire.
Some questions ask you to circle your answer. Others invite you to give your opinion/make suggestions. Thank you for taking the time to complete this questionnaire. Your feedback is very important to our school.

<table>
<thead>
<tr>
<th>1. Does your child enjoy PE?</th>
<th>Yes/No/Sometimes/Unsure</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Which part of the PE programme does your child enjoy the most?</td>
<td>Athletics/Dance/Games/ Gymnastics/ Swimming/Outdoor and Adventure/Not Sure</td>
</tr>
<tr>
<td>3. Do you receive enough information about your child’s progress in PE?</td>
<td>Yes/No/Comment</td>
</tr>
<tr>
<td>4. Does your child receive PE homework? If yes, what is your opinion of the PE homework?</td>
<td>Yes/No/Comment</td>
</tr>
<tr>
<td>5. How could we make our PE programme better?</td>
<td>Comment</td>
</tr>
<tr>
<td>6. Do you think that your child benefitted from the school running initiative?</td>
<td>Yes/No/Unsure</td>
</tr>
<tr>
<td>7. Do you think that the classroom-based physical activity breaks (10@10, GoNoodle, etc.) are of benefit to your child?</td>
<td>Yes/No/Unsure</td>
</tr>
</tbody>
</table>

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8. Does your child enjoy break times in the yard?  
   Yes/No/Sometimes/Unsure

9. Do you think that our school provides a playground environment that encourages your child to be active during breaktimes?  
   Yes/No/Unsure

10. How could we improve our playground breaks?  
    Comment

11. Does your child enjoy Active School Week?  
    Yes/No/Unsure

12. How could we improve our Active School Week programme?  
    Comment

13. Do you know how many minutes of physical activity that children should do every day to be healthy?  
    15/30/60/90/Don’t Know

14. Have you visited the Active School Flag (ASF) section on our school website?  
    Yes/No  
    If yes, what do you think of it?  
    Comment

15. This year we are working towards renewing our Active School Flag. Do you have any feedback in relation our school’s participation in the ASF process?  
    Comment

16. Would you be interested in joining the active school committee? If yes, please give your name and contact details to your child’s classroom teacher or our school secretary and we’ll be in touch.  
    Yes/No