

Tour of Europe Challenge

About the Challenge

This year Sport Ireland and Active School Flag are encouraging schools to put on their running shoes and visit some of the most famous landmarks in Europe.

Plot YOUR Progress

The A4 challenge chart will let you know how far you have to run to reach your chosen destination. There's lots of really interesting places to visit. If there's a landmark that you'd like to visit that we haven't included, simply look up the distance and location and mark your progress on the map.

1 LAP = 1 KM

For simplicity, one lap of your playground or field (any size) equals 1km.

PROJECT Pages

The TOUR of EUROPE challenge offers lots of cross-curricular learning potential. All #BeActive school resources can be downloaded by visiting activeschoolflag.ie and sportireland.ie/Participation/European-Week-Of-Sport-/

SHARE your Progress.

We'd love to find out where you visit!



#BeActive
#TourofEurope

@sportireland
@activeflag

	The Eiffel Tower France, 778km	<input checked="" type="checkbox"/>
	Little Mermaid Denmark, 1,240km	<input checked="" type="checkbox"/>
	Madrid Stadium Spain, 1,447km	<input checked="" type="checkbox"/>
	Blue Grotto Malta, 2,529km	<input checked="" type="checkbox"/>
	Stone Forest Bulgaria, 2,720km	<input checked="" type="checkbox"/>
	Aspendos Theatre Turkey, 3,399km	<input type="checkbox"/>

National Fitness Day

27th September 2018

Take on the Teachers Challenge

On National Fitness Day, Ireland Active encourages students to challenge their teachers to see who is the fittest, the fastest, the strongest – not to mention the most competitive.

- Dodgeball
- Basketball Hoops
- Tug of War
- Obstacle Course

YOU choose the challenge!



REGISTER your school, your challenge and the result on nationalfitnessday.ie to see if teachers or students will win the 2018 challenge.

SHARE your photos/videos using the hashtag #FitnessdayIRL on:



@fitnessdayIRL
@sportireland

@irelandactive
@activeflag



NationalFitnessDayIreland

The top two photos/videos capturing the Take on the Teachers challenge will win a €150 sports equipment voucher each for their school.

European Week of Sport

22nd–30th September 2018

The *European Week of Sport* aims to promote sport and physical activity across Europe. The week is for everyone, regardless of age, background or fitness level. Sport Ireland is the national coordinating body for the *European Week of Sport* in Ireland.

The **#BeActive** schools' campaign is an initiative for the whole school community: teachers, students, parents etc. The more runners, the greater the distance covered and the greater the FUN!

REGISTER your school for the *Tour of Europe* challenge by visiting: sportireland.ie/Participation/European-Week-Of-Sport-/

SHARE your photos/videos using the hashtags **#BeActive** and **#TourofEurope** on:

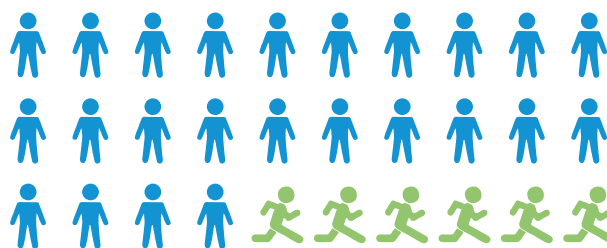


SportIreland



@sportireland
@activeflag

The top two photos/videos capturing the *Tour of Europe* challenge will win a €150 sports equipment voucher each for their school.



SITTING in front of every
teacher, every day are
the 80% of Irish children that
DO NOT get enough daily
physical activity.



FIND OUT MORE

Sport Ireland

[sportireland.ie/Participation/
European-Week-Of-Sport-/](http://sportireland.ie/Participation/European-Week-Of-Sport-/)

Active School Flag

activeschoolflag.ie

National Fitness Day

nationalfitnessday.ie

#BEACTIVE

Schools' Campaign

European Week of Sport

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Ireland
Active

National
Fitness Day
27th September 2018



An Roinn Oideachais
agus Scileanna
Department of
Education and Skills