Tour of Europe Challenge

About the Challenge
This year Sport Ireland and Active School Flag are encouraging schools to put on their running shoes and visit some of the most famous landmarks in Europe.

Plot YOUR Progress
The A4 challenge chart will let you know how far you have to run to reach your chosen destination. There’s lots of really interesting places to visit. If there’s a landmark that you’d like to visit that we haven’t included, simply look up the distance and location and mark your progress on the map.

1 LAP = 1 KM
For simplicity, one lap of your playground or field (any size) equals 1km.

PROJECT Pages
The TOUR of EUROPE challenge offers lots of cross-curricular learning potential. All #BeActive school resources can be downloaded by visiting activeschoolflag.ie and sportireland.ie/Participation/European-Week-Of-Sport/

SHARE your Progress.
We’d love to find out where you visit!

#BeActive
#TourofEurope
@sportireland
@activeflag

National Fitness Day
27th September 2018

Take on the Teachers Challenge
On National Fitness Day, Ireland Active encourages students to challenge their teachers to see who is the fittest, the fastest, the strongest – not to mention the most competitive.

• Dodgeball
• Basketball Hoops
• Tug of War
• Obstacle Course

YOU choose the challenge!

REGISTER your school, your challenge and the result on nationalfitnessday.ie to see if teachers or students will win the 2018 challenge.

SHARE your photos/videos using the hashtag #FitnessdayIRL on:

@fitnessdayIRL
@sportireland
@irelandactive
@activeflag

NationalFitnessDayIreland

The top two photos/videos capturing the Take on the Teachers challenge will win a €150 sports equipment voucher each for their school.

European Week of Sport 2018
Where will YOUR school visit?

#BeActive School Challenge
European Week of Sport
22nd–30th September 2018

The European Week of Sport aims to promote sport and physical activity across Europe. The week is for everyone, regardless of age, background or fitness level. Sport Ireland is the national coordinating body for the European Week of Sport in Ireland.

The #BeActive schools’ campaign is an initiative for the whole school community: teachers, students, parents etc. The more runners, the greater the distance covered and the greater the FUN!

REGISTER your school for the Tour of Europe challenge by visiting: sportireland.ie/Participation/European-Week-Of-Sport/

SHARE your photos/videos using the hashtags #BeActive and #TourofEurope on:

Facebook: SportIreland
Twitter: @sportireland @activeflag

The top two photos/videos capturing the Tour of Europe challenge will win a €150 sports equipment voucher each for their school.

FIND OUT MORE

Sport Ireland
sportireland.ie/Participation/European-Week-Of-Sport/

Active School Flag
activeschoolflag.ie

National Fitness Day
nationalfitnessday.ie