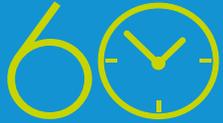


More Schools, More Active, More Often



ALL children require 60 minutes of moderate to vigorous physical activity EVERY day.



80% of Irish children DO NOT reach this target.



Active Children:



Concentrate and learn better



Present fewer discipline problems



Achieve higher test results



Enjoy school more



Online Application Form

The online application form is user-friendly and requires very little paperwork.



ASF Meetings and Workshops

ASF support meetings are scheduled during the school year to help schools at different stages of the ASF process. Attendance is strongly recommended.



ASF Resources

ASF resources are available to schools that attend the October and March workshops.



ASF Website

The ASF website is packed with ideas, resources, case study schools and contacts.



ASF Newsletter

Sign up for the ASF monthly newsletter. It's a great way to keep up to date with what's happening in schools.



Twitter

Follow us [@activeflag](https://twitter.com/activeflag) and tag us if you are posting ASF-related photos/videos.



Renewal Schools

Schools that were awarded their flag in 2015 – 2016, or earlier, are due to renew their ASF this year.

Contact Us

Active School Flag,
Mayo Education Centre,
Westport Road,
Castlebar, Co. Mayo.

(094) 902 0704
eolas@activeschoolflag.ie
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Follow us @activeflag

www.activeschoolflag.ie



ACTIVE SCHOOL
MORE SCHOOLS, MORE ACTIVE, MORE OFTEN

PRIMARY Schools
Leaflet 2018/2019



An Roinn Oideachais agus Scileanna
Department of Education and Skills

What Schools Say

*The teachers and children in the school believe that this is best initiative we have been involved in and that the children have never engaged as much as they do with the Active Schools. **Wexford school***

*The most positive message to come out of undertaking the ASF process for us has been that EVERY child requires 60 minutes activity every day and so a change of mindset had to happen among staff and pupils. The ASF is not about the sporty children. It is much more about the other 80% who, for whatever reason, don't move enough. **Limerick school***

*Our fitness levels and activity levels have improved and we are healthier as a result. We are more positive and focused and are more engaged with learning. Being active is a way of life and is fun. **Clare school***

*We are now a more reflective staff and plan ahead and have a clearer vision for the next few years. **Cork school***

*Parents commented on how much happier, healthier and fitter the children have become. **Galway school***

Step 1 — REGISTER Your School

Once you have decided that your school is going to work towards the ASF you need to register your school on www.activeschoolflag.ie to create an online school account.

Step 2 — SELF-EVALUATION

The next step is to work together as a whole staff to complete the ASF self-evaluation documents for Physical Education, Physical Activity and Partnerships. This process will allow you to identify your strengths and areas that require further development.

Step 3 — ASF SUCCESS CRITERIA

ASF provides schools with a definite set of targets (success criteria) to work towards for each of these four areas: Physical Education, Physical Activity, Partnerships, Active School Week. This ensures that the ASF process is transparent and fair to all. Schools must be able to tick 'yes' to ALL of the ASF success criteria in order to be able to achieve the Active School Flag.

SHOWCASE Your School

Schools wishing to achieve the ASF are asked to showcase the work that they are doing by creating an ASF section on their school website.

This website showcase is a really important part of the ASF process as it ensures that the whole school community is kept up to date throughout the year. It also allows the screening committee to assess your school's readiness for ASF.



Find Out More meeting

September 2018 — The purpose of this meeting is to explain the ASF process, the benefits, the challenges and the structure of the application process. A coordinator from a local school that recently achieved the ASF will be invited to attend to share their ASF experience.

Getting Started workshop

October 2018 — This workshop offers practical support to schools that have decided to work towards/renew the ASF during 2018 – 2019. It also provides an excellent opportunity to network with other local schools working towards the ASF.

Nearly There workshop

March 2019 — This workshop is designed to support schools that are advanced with the process and hoping to submit their application during 2018 – 2019. Advice will be given about how to prepare for the ASF accreditation visit.

*As the Active Flag coordinator, I found it very useful, and actually essential, attending the 3 ASF workshops. The resources that were provided were fantastic, particularly the playground leader bibs and the Active School Walkway resource pack. **Roscommon school***

To book your place visit

www.activeschoolflag.ie