

Using the Actice School WALKWAY resource
during #ASW18 and as a support to PE Curriculum

(a) Link with work in the strand: *Outdoor & Adventure Activities* with particular emphasis on the strand units: '*Walking*' & '*Outdoor Challenges*'

The walking strand unit lists walking activities that promote physical activity. For example, a teacher might lead children around the walking trail, pause at the markers and undertake some activities such as Colour Charts, Scavenger Hunt, Matching Pairs or Word Hunt which are available in the PSSI lesson resource http://pssi.pdst.ie/pdf/out/out_WAOC.pdf (page 2-6).

Alternatively, the teacher might choose to pause at the markers and undertake some outdoor challenges. Samples of these challenges such as Stepping Stones, the Blind Trail or Pass the Hoop are available in the PSSI lesson resource http://pssi.pdst.ie/pdf/out/out_WAOC.pdf (page 7-9)

Many of the activities above also provide opportunities for integration with SPHE or literacy related work.

(b) Link with work in the strand: *Outdoor and Adventure Activities* with particular emphasis on the strand unit '*Orienteering*'

The orienteering symbols on the markers could be used as 'controls' marked on an orienteering map of the school. Each of the symbols is marked onto the map. Children orientate their map to navigate the orienteering course i.e. follow the route marked on the map. They record the symbol at each control on a 'control card' (an example of a control card is available in the PSSI lesson resource http://pssi.pdst.ie/pdf/out/out_c_3.pdf (page 4). Alternatively, use of IT could enhance this activity, could children use the camera on an I-Pad to take a 'selfie' with the symbol in the picture (providing evidence that they have located the control)? This map work as children undertake orienteering could be **integrated** with work in geography

Reference

Primary School Curriculum (1999) Physical Education, page 23, 33, 45, 57, 58.

Physical Education Teacher Guidelines, pages 11, 91-93.

PSSI PE resource http://pssi.pdst.ie/pdf/out/out_WAOC.pdf

http://pssi.pdst.ie/pdf/out/out_c_3.pdf