

WEXFORD Schools

The following support is available to schools running **Active School Week** programmes. Keep an eye on this website as more offers will issue between now and ASW

ACTIVITY	OFFERS/IDEAS	Target Groups	Dates of OFFER	CONTACT
ATHLETICS	School MILE Challenge	Primary (5 th and 6 th class) and Post Primary schools	March - June	Anthony White schools@athleticsireland.ie
CYCLING	Sprocket Rocket CYCLING – FUN activities for your school to try out in the playground during ASW	Primary Schools	March - June	Lawrence Salonen lawrence.Salonen@cyclingireland.ie
GREEN SCHOOLS	Green Schools encourages schools to promote active travel as part of their #ASW18 programme. Make every day a WOW, SOW, COW, Park and Stride day and tally class scores to see which class will do the best Active Travel TALLY SHEET	Primary and Post Primary Schools	23-27 April, 2018	Visit https://greenschoolsireland.org/themes/travel/ to find out more the Active Travel theme.
IRISH HEART FOUNDATION	‘Let’s Get Active’ (Irish Heart Foundation)	Primary Schools	March - June	Caoimhe Rudden schools@irisheart.ie

	<p>The Irish Heart Foundation ‘Let’s Get Active’ award is a FUN way to encourage children to get at least 60 MINUTES of physical activity every day, over a 4 weeks period.</p> <p>The booklet allows kids to track how much activity that they do every day and is accompanied by a motivational sticker pack and certificates upon completion. Available FREE to schools running ASW programmes.</p>			
KICKBOXING	<p><u>B-Elite Taekwon-Do and Kickboxing, Enniscorthy</u></p> <p>Free taster session for students, staff, TY programmes etc.</p>	Primary and Post Primary schools	March - June	Richie Byrne beelitetkd@gmail.com
KICKBOXING	<p><u>Lau Gar Martial Arts, Wexford</u></p> <p>Free taster session for students, staff, TY programmes etc.</p>	Primary and Post Primary schools	March - June	Bobby O Neill Bobbyoneill1@gmail.com
ORIENTEERING	<p>Permanent Orienteering Courses – KENNEDY MEMORIAL Park/Arboretum better</p> <p>FREE maps are available for 4 courses: Short (2km), medium (2.4km) Long (3.5km) + Wheel O (4km) wheelchair friendly</p>	Primary and Post Primary Schools	All Year	<p>Wexford Sports Active www.wexford.ie/sportsactive http://www.heritageireland.ie/en/south-east/thejohnfkennedyarboretum/</p> <p>Contact: Mary O’Neill Moloney, OPW maryoneillmoloney@opw.ie</p> <p>Find out more about Schools Orienteering</p>

PITCH and PUTT	<p><u>St. Patrick's Pitch and Putt club, Enniscorthy</u></p> <p>FREE use of facilities and coaching session provided</p>	Primary and Secondary schools	March - June	John Tyrrell johntyrrell203@yahoo.ie
SWIMMING	<p>SWIM for a MILE Challenge</p> <p>Does your school participate in swimming lessons? If so, why not participate in the 'Swim for a Mile' challenge event during national 'Active School Week'</p> <p>Challenge your class to complete the mile by working individually (over a number of weeks) or by working as a relay team during ASW.</p> <p>Swim Ireland will provide FREE certificates to everyone that completes the mile challenge a FREE class medal to each participating class. <i>Individual medals and hats can be ordered at a cost</i></p>	Primary and Post Primary schools	March - June	Carol Finlay participation@swimireland.ie (086) 838 4346
TUG of WAR	<p>Tug of War demonstration and mini competition for participating classes.</p> <p>€20 fee to go towards keeping the rope for the school</p>	Primary and Post Primary schools	March - June	Cathy O Toole ladiestugofwar2015@gmail.com
VOLLEYBALL	<p>SITTING Volleyball has grown to be one of the most popular Paralympic sports due to its fast paced and energetic action. The game offers both disabled and non-disabled players the opportunity to compete both with and against each other in this dynamic team sport. Take the 60 Seconds SITTING VOLLEYBALL Challenge</p>	Primary and Post Primary	March - June	Sitting Volleyball inclusion@volleyballireland.com

	<p>Volleyball RESOURCE Pack - This resource pack has fun lesson plans to help teach the skills of volleyball and to introduce Volleyball or Spikeball into your school.'</p>			<p>Norma Mc Intyre east@volleyballireland.com (01) 6707165</p>
<p>WALKING</p>	<p><u>Launch your Active School WALKWAY</u></p> <p>Schools are encouraged to create an Active School WALKWAY around their school grounds and to launch it during national Active School Week (23-27 April, 2018). Tweet your 30 second launch day video to be in with a chance to win a set of outdoor speakers for your school.</p> <p><u>Special OFFER for ASF Schools Only</u> An Active School WALKWAY resource pack is available to <i>current</i> Active School Flag schools: schools awarded ASF between <u>September 1st, 2014 and present</u> and listed on the ASF Locations list on www.activeschoolflag.ie.</p> <p>Visit http://www.getirelandwalking.ie/registeryourschool/ to apply for this FREE resource before <u>March 31st</u>.</p> <p><i>Please note that only schools with current ASF status are eligible to apply for this resource pack</i></p>	<p>Primary, Post Primary and Special Schools</p>	<p>23-27th April</p>	<p>Tweet your 30 second launch day video #activeschoolwalkway during national Active School Week (April 23-27, 2018)</p> <p>@ActiveFlag @GetIreWalking @HealthyIreland @sportireland</p>