

## MEATH Schools

The following support is available to schools running **Active School Week** programmes. Keep an eye on this website as more offers will issue between now and ASW

ACTIVITY	OFFERS/IDEAS	Target Groups	Dates of OFFER	CONTACT
<b>ATHLETICS</b>	<a href="#">School MILE Challenge</a>	Primary (5 <sup>th</sup> and 6 <sup>th</sup> class) and Post Primary schools	March - June	Anthony White <a href="mailto:schools@athleticsireland.ie">schools@athleticsireland.ie</a>
<b>CYCLING</b>	<a href="#">Sprocket Rocket CYCLING</a> – FUN activities for your school to try out in the playground during ASW	Primary Schools	March - June	Lawrence Salonen <a href="mailto:lawrence.Salonen@cyclingireland.ie">lawrence.Salonen@cyclingireland.ie</a>
<b>GREEN SCHOOLS</b>	Green Schools encourages schools to promote active travel as part of their <b>#ASW18</b> programme.  Make every day a WOW, SOW, COW, Park and Stride day and tally class scores to see which class will do the best  <a href="#">Active Travel TALLY SHEET</a>	Primary and Post Primary Schools	23-27 April, 2018	Visit <a href="https://greenschoolsireland.org/themes/travel/">https://greenschoolsireland.org/themes/travel/</a> to find out more the Active Travel theme.
<b>IRISH HEART FOUNDATION</b>	<a href="#">‘Let’s Get Active’ (Irish Heart Foundation)</a>	Primary Schools	March - June	Caoimhe Rudden <a href="mailto:schools@irishheart.ie">schools@irishheart.ie</a>

	<p>The Irish Heart Foundation 'Let's Get Active' award is a FUN way to encourage children to get at least 60 MINUTES of physical activity every day, over a 4 weeks period.</p> <p>The booklet allows kids to track how much activity that they do every day and is accompanied by a motivational sticker pack and certificates upon completion. Available FREE to schools running ASW programmes.</p>			
<b>LEISURE CENTRE</b>	<p><a href="#">Gymplus ASHBOURNE</a></p> <p>FREE swim passes FREE Family Fitness passes FREE Teen Fit class passes</p>	Local Primary and Post Primary Schools	23-27 April	Please check out <a href="#">Gymplus ASHBOURNE</a> website over coming days for #ASW18 details
<b>MEATH Local Sports Partnership</b>	<p><a href="#">Be Active After School Activity Programme</a> (ASAP) – Teacher training workshop available for schools interested in implementing the Be Active ASAP programme.</p>	Primary and Special Schools	March - June	Paul Friel <a href="mailto:paul.friel@meathcoco.ie">paul.friel@meathcoco.ie</a>
<b>MEATH Local Sports Partnership</b>	<p>'Run Around Europe' running programme for PRIMARY schools</p>	Primary Schools	23-27, April	Paul Friel <a href="mailto:paul.friel@meathcoco.ie">paul.friel@meathcoco.ie</a>

<b>MEATH Local Sports Partnership</b>	<u>Multi-Sports Workshop</u> Multi-sports primary school workshop – GAMES/ATHLETICS session in school premises, suitable for 1 <sup>st</sup> /2 <sup>nd</sup> classes.	Primary schools in the <b>NAVAN</b> area	23-27 April	Margo Finnegan – <a href="mailto:margo.finnegan@meathcoco.ie">margo.finnegan@meathcoco.ie</a>
<b>MEATH Local Sports Partnership</b>	<u>Sports Inclusion Development Officer</u> Advice and support available to schools to help plan and provide inclusive physical activity opportunities, suitable for children of all abilities.	Primary, Post Primary and Special Schools	March - June	Kate Feeney <a href="mailto:kate.feeney@meathcoco.ie">kate.feeney@meathcoco.ie</a>
<b>PITCH and PUTT</b>	<u>Laytown Pitch and Putt Club</u>  FREE use of facility FREE coaching session	Primary & Secondary schools	March - June	Paddy Bird <a href="mailto:Paddybird2004@gmail.com">Paddybird2004@gmail.com</a>
<b>PITCH and PUTT</b>	<u>Trim Pitch and Putt Club</u>  FREE use of facility FREE coaching session	Primary & Secondary schools	March - June	Paddy Kelly <a href="mailto:paddyk8@hotmail.com">paddyk8@hotmail.com</a>
<b>PITCH and PUTT</b>	<u>Navan Pitch and Putt Club</u>  FREE use of facility FREE coaching session	Primary & Secondary schools	March - June	Johnny Hughes <a href="mailto:navanpitchputt@gmail.com">navanpitchputt@gmail.com</a>
<b>SWIMMING</b>	<u><a href="#">SWIM for a MILE Challenge</a></u>  Does your school participate in swimming lessons? If so, why not participate in the 'Swim for a Mile' challenge event during national 'Active School Week'	Primary and Post Primary schools	March - June	Carol Finlay <a href="mailto:participation@swimireland.ie">participation@swimireland.ie</a> (086) 868 4346

	<p>Challenge your class to complete the mile by working individually (over a number of weeks) or by working as a relay team during ASW.</p> <p>Swim Ireland will provide FREE certificates to everyone that completes the mile challenge a FREE class medal to each participating class. <i>Individual medals and hats can be ordered at a cost</i></p>			
<b>TRIATHLON</b>	Triathlon coach available to visit school to give a FREE taster session of the ' <a href="#">Tri-Heroes</a> ' programme	3 <sup>rd</sup> - 5 <sup>th</sup> class. Primary Schools	March - June	Gary Crossan <a href="mailto:gary@triathlonireland.com">gary@triathlonireland.com</a>
<b>TUG of WAR</b>	Tug of War demonstration and mini competition for 3 <sup>rd</sup> and 4 <sup>th</sup> class children. ( <i>€20 fee applies</i> )	Primary and Post Primary schools	March - June	Cathy O Toole <a href="mailto:Ladiestugofwar2015@gmail.com">Ladiestugofwar2015@gmail.com</a>
<b>ULTIMATE FRISBEE</b>	Experienced coach available to visit schools to give an Introductory session <i>(a small fee applies)</i>	Primary and Post Primary schools	March - June	Dominick Smyth <a href="mailto:Dominick@irishultimate.com">Dominick@irishultimate.com</a>
<b>VOLLEYBALL</b>	<p><a href="#">SITTING Volleyball</a> has grown to be one of the most popular Paralympic sports due to its fast paced and energetic action. The game offers both disabled and non-disabled players the opportunity to compete both with and against each other in this dynamic team sport. Take the <a href="#">60 Seconds SITTING VOLLEYBALL Challenge</a></p> <p><a href="#">Volleyball RESOURCE Pack</a> - This resource pack has fun lesson plans to help teach the skills of volleyball and to introduce Volleyball or Spikeball into your school.'</p>	Primary and Post Primary	March - June	<p>Sitting Volleyball <a href="mailto:inclusion@volleyballireland.com">inclusion@volleyballireland.com</a></p> <p>Norma Mc Intyre <a href="mailto:east@volleyballireland.com">east@volleyballireland.com</a> (01) 6707165</p>

## WALKING

### Launch your Active School WALKWAY

Schools are encouraged to create an Active School WALKWAY around their school grounds and to launch it during national Active School Week (23-27 April, 2018). Tweet your 30 second launch day video to be in with a chance to win a set of outdoor speakers for your school.

### Special OFFER for ASF Schools Only

An Active School WALKWAY resource pack is available to *current* Active School Flag schools: schools awarded ASF between September 1<sup>st</sup>, 2014 and present and listed on the ASF Locations list on [www.activeschoolflag.ie](http://www.activeschoolflag.ie).

Visit <http://www.getirelandwalking.ie/registeryourschool/> to apply for this FREE resource before March 31<sup>st</sup>.

*Please note that only schools with current ASF status are eligible to apply for this resource pack*

Primary, Post  
Primary and  
Special  
Schools

23-27<sup>th</sup>  
April

Tweet your 30 second launch day video **#activeschoolwalkway** during national Active School Week (April 23-27, 2018)

[@ActiveFlag](https://twitter.com/ActiveFlag)

[@GetIreWalking](https://twitter.com/GetIreWalking)

[@HealthyIreland](https://twitter.com/HealthyIreland)

[@sportireland](https://twitter.com/sportireland)