

PHYSICAL ACTIVITY – ‘All classes participated in a non-competitive running initiative that lasted a number of weeks’

Running Initiative

We started the running each Wednesday morning from October 26th. All pupils and staff started off with a walk/slow jog to see how we would get on. Even with rain or zero degree temperatures we still got out and ran. We marked out the pitch and measured it. Our aim was to have everyone running 10 laps. We have been so pleased with how the children have taken to this as they love to run first thing in the morning and are wide awake to work after it. Once the pitch got too wet we moved the running onto the tarmac. We have continued this initiative throughout the school year.

The active committee take the stretch and cool down.

The school have their Annual 5k Run on June 11th. We have no doubt that the children will have no problem doing this.

School Website

Photos of staff and pupils running and text explaining the school running initiative.

Screening Comment

Evident from application form and website that school management and teachers are working together to get all of the children running on a regular basis and enjoying the experience of running. The ‘daily running initiative’ has been running over an extended period of time. This application would be approved by screening.

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Running Initiative

We have completed one ‘Map our Run’ initiative and covered the distance from our school in Dublin to Galway City. We just started our second running initiative after Easter with the aim of reaching Paris.

School Website

Map of Ireland on school website marking out distances covered and text explaining the initiative. Photos of children running.

Screening Comment

Evident from school website and application form that all classes participated in a ‘Run Around Ireland’ initiative as a whole school activity. This application would be approved by screening.

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Running Initiative

Running track around field. Children registered for local 5km. Intend to do the same next year.

Screening Comment

This success criteria requires schools to put an ‘initiative’ in place and that all classes participate in this running initiative over a period of time.

Very vague. Insufficient detail. Unclear if running around the track is a school initiative that all classes participate in over a number of weeks or if it is just something that children are encouraged to do. While it is great that some children have registered for a 5km the focus of the running initiative should be to get all of the pupils of the school running on a regular basis.

This would be sent back from the screening committee with a ‘Request for Further Information’

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Heats for athletics competition. The winning children from heats went on to represent the school in regional competition.

A non-competitive running initiative was implemented in the second term to encourage less competitive children to be active.

Screening Comment

This success criteria requires schools to put an ‘initiative’ in place and that all classes participate in this running initiative over a period of time.

The focus of this initiative should be on finding ways to get less active children to enjoy the experience of running. A ‘Request for Further Information’ would issue from the screening committee for further information about the non-competitive running initiative.

