

WINNERS – Pexpo (2017)

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| <p>Overall Winning Project</p> | <p><i>MEMO – Move Early, Move Often</i></p> <p>"We wanted to come up with a word that was early to remember for our project which concentrates raising awareness of the importance of getting children active from an early age," said Sam Noonan. The group worked on not only on identifying six fundamentals of movement but on providing photographic examples of how to improve on all these. "We set up our own website and Twitter and also produced a handbook that we hope could be useful for teachers." To put their ideas into practice, they recruited a group of 5th class students from their own school and photographed them undertaking the movements. They aim to continue their work and will present their project to the annual meeting the PEAI later this year.</p> | <p><u>Scoil Mhuire, Cobh</u></p> <p>Sam Noonan, Caoimhe Leahy, Orna McCarthy, Sean Meade</p> |
| <p>Winner – Junior Project</p> | <p><i>The Effect of Warming Up on Reaction Time</i></p> | <p><u>Tullow Community School, Co Carlow</u></p> <p>Hannah Doyle, Natasha Doyle, Aine Sinnott, Ava Clarke</p> |
| <p>Power of Sport – Senior Category</p> | <p><i>Drop-Out Rate of Physical Activity in Girls in Second Level Education: A Comparative Analysis of Regions of Ireland</i></p> | <p><u>Bush Post Primary Dundalk</u></p> <p>Ciara Gregory, Clara Lynch, Leah Kirwan, Niamh Rice</p> |
| <p>Power of Sport – Junior Category</p> | <p><i>Attitudinal Changes to PE with Reference to Age and Gender</i></p> | <p><u>Trinity Comprehensive, Ballymun</u></p> <p>Robyn Tuohy, Chloe Kelly, Aoibhe Geraghty and Leah Clarke</p> |
| <p>Psychology of Sport – Senior Category</p> | <p><i>Motivation Innovation</i></p> | <p><u>Loreto, Balbriggan</u></p> <p>Sophie Weldon, Laura Weldon, Emma Kleiser Byrne and Blathnaid Doolan.</p> |

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| Psychology of Sport – Junior Category | <i>The Effect of Music on Endurance and Respiration of Adolescents</i> | <u>Palmerstown Community School</u> Medevic Bakanababo |
| ICT and Photography: Senior Category | <i>MEMO – Move Early, Move Often</i> | <u>Scoil Mhuire Cobh</u> Sam Noonan, Caoimhe Leahy, Orna McCarthy, Sean Meade. |
| ICT and Photography – Junior Category | <i>Snapshot</i> | <u>St John Bosco, Kildare</u> |
| Components of Fitness – Senior Category | <i>Effects of Inhaler Use on Athletics Performance in Asthmatics</i> | <u>St Mary's CBS, Portlaoise</u> Stephen McCabe, Adam Holden, Cian O'Toole |
| Components of Fitness – Junior Category | <i>The Effect of Warming Up on Reaction Time</i> | <u>Tullow Community School, Co Carlow</u> Hannah Doyle, Natasha Doyle, Aine Sinnott, Ava Clarke |
| Peer Judged Prize – Senior Category | <i>MEMO – Move Early, Move Often</i> | <u>Scoil Mhuire Cobh</u> Sam Noonan, Caoimhe Leahy, Orna McCarthy, Sean Meade. |
| Peer Judged Prize – Junior Category | <i>The Placebo Effect in Physical Performance</i> | <u>Donahies, Dublin</u> The Ky Lien, Chloe Murphy, Aeisha Wong, Anthony Wong |

For further info see www.pexpoireland.com