

Ashbourne Educate Together NS, Co. Meath



About the School

Ashbourne ET is striving to gain the Active School Flag. Teachers and pupils are trying to increase pupils' levels of activity and interest in taking part in sport both in school and at home. Introducing a varied range of sporting opportunities is one way in which to do so.

Tug of War Initiative

Cathy and Mary Catherine took all classes in Ashbourne ET's developing school, ranging from junior infants to 3rd class, for a tug of war session. They showed the pupils the gear used when pulling inside vs outside.



They also showed the pupils their collection of medals and trophies won whilst competing for both club and country.



The infant classes took turns pulling tyres and weights in teams. 1st, 2nd and 3rd classes pulled weights in order practise their technique, culminating in class competitions where half classes were pitted against each other for glory.



When pupils were asked what they had learned from the sessions and what they enjoyed most these were their responses:

'I didn't know that tug of war took so much effort but I lost two times. It's so hard to pull those tyres across the PE hall. I really liked the tug of war' (Melissa – 1st class)

'I liked that we had competitions to see were the girls or the boys the strongest!' (Jenna - 2nd class).

'I didn't know that if you pulled the rope it wouldn't snap' (Nicola - 1st class).

Cathy and Mary Catherine left the new rope for continued use in the school and both pupils and teachers look forward to doing so.

Click [here](#) for more information about Tug of War Ireland's school programmes