

Get Ireland Walking Schools Walking Challenge

Well done to all the schools who took part in the Get Ireland Walking Schools Walking Challenge as part of Active School Week! The challenge involved developing a safe and fun walking route - including eight exercise stations - around the school grounds. It was fantastic to see school communities come together to get active along the routes with pupils, teachers and parents having a go!



Thank you to the schools who sent in photos and details of their route in action! It is clear that pupils got creative and had a lot of fun taking part. There were two special prizes for school contributions; the greatest distance covered by a school community over Active School Week, and the most creative route.

Scoil Aodán Naofa National School in Carnew Co. Wicklow did a fantastic job with their 1km walking track and won the award for the greatest distance walked! Between students, staff and parents each walking the route five times they clocked up a staggering 1715km over the week! Well done to everyone who participated and to Ms Noctor and the Active School Committee for helping to get everyone moving!



Michelle Hardie Murphy of Get Ireland Walking presents the award for the greatest distance covered to Ms Noctor and the Active School Committee.



Activity stations along the school walking route at Scoil Aodán Naofa, Carnew, Co. Wicklow.

Ballygiblin National School in Mitchelstown Co. Cork got inventive with their walking route and won the award for the most creative walking route. At their activity stations, they did things like jumping jacks, throwing bean bags and balance beams AND to top it off they got creative with the way they travelled between stations including high knees, lunges, walking backwards and skipping! Well done to the inventors of the walking route, Ms Condon and to all students who took part in the challenge!



Jason King of Get Ireland Walking presents the award for the most creative walking route to students at Ballygiblin National School, Mitchelstown, Co. Cork.

