

2015 AUTUMN PRESENTATIONS

Schools wishing to apply for the flag and schools wishing to renew their ASF status should attend one of the ASF autumn presentations. Early booking is advised.

DATE	VENUE	BOOKINGS
23/9	ATHLONE Education Centre	(090) 6420400
28/9	DRUMCONDRA Education Centre	(01) 8576400
28/9	CORK Education Centre	(021) 4255600
28/9	MAYO Education Centre	(094) 9020700
29/9	KILKENNY Education Centre	(056) 7760200
29/9	CARLOW (Woodford Dolmen Hotel)	(087) 2079448
30/9	CAVAN Education Centre	(049) 4332259
1/10	BLACKROCK Education Centre	(01) 2365000
1/10	WATERFORD Education Centre	(051) 311000
5/10	BRAY (St Peter's NS)	(01) 2365000
5/10	WEST CORK Education Centre	(023) 8856756
5/10	GALWAY Education Centre	(091) 745600
6/10	LAOIS Education Centre	(057) 8672400
6/10	KILDARE Education Centre	(045) 530200
6/10	CARRICK on SHANNON Education Centre	(071) 9620383
7/10	THURLES (St Patrick's College)	(086) 6008860
7/10	TRALEE Education Centre	(066) 7195000
8/10	NAVAN Education Centre	(046) 9067040
12/10	DUNDALK (St Malachy's NS)	(086) 7707400
12/10	SLIGO Education Centre	(071) 9138700
13/10	CLARE Education Centre	(065) 6845500
13/10	LIMERICK Education Centre	(061) 585060
13/10	BALLINA (Newman Centre)	(094) 9020704
14/10	ARKLOW (St Joseph's NS)	(053) 9239100
15/10	CASTLETOWNBERE (Scoil An Chroi Ro Naofa)	(023) 8856756
15/10	DUBLIN WEST Education Centre	(01) 4528000
19/10	LETTERKENNY (Gallagher's Hotel)	(074) 23487

ASF WEBSITE

WWW.ACTIVESCHOOLFLAG.IE

The ASF website has a fresh, NEW look. It is an excellent resource for schools wishing to improve their PE programmes to promote physical activity. It includes:



ASF Application
Form



List and Locations
of ASF Schools



School
Presentations



Comprehensive
Resources Section



Active School
Week Ideas



Information about
Support Agencies



CONTACT US

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The Active School Flag is based in Mayo Education Centre.
It is funded by the Department of Education and Skills and
supported by Healthy Ireland.



ACTIVE SCHOOL

MORE SCHOOLS, MORE ACTIVE, MORE OFTEN



WWW.ACTIVESCHOOLFLAG.IE



ASF PROCESS

The Active School Flag process seeks to recognise schools that *strive to achieve a physically educated and physically active school community*. In order to achieve the Active School Flag schools must firstly self-evaluate and then plan, implement and monitor improvements across the following areas:



PHYSICAL EDUCATION

- PE Planning and Curriculum
- Resources
- Professional Development



PHYSICAL ACTIVITY

- Physical Activity during Break Times
- Physical Activity throughout the School Day
- Physical Activity throughout the School Year
- Extra-Curricular Activities
- Active Travel



PARTNERSHIPS

- Working with Pupils
- Working with Parents
- Working with the Local Community
- Working with National Agencies



ACTIVE SCHOOL WEEK

Schools must have completed at least one ASW prior to applying for the ASF and thereafter include it as part of their annual school calendar.

WHAT'S NEW?

ON-LINE APPLICATION FORM

An online version of the ASF application form is now available thus lessening the paperwork aspect of the ASF process.



ASF SUCCESS CRITERIA

Success criteria have been drafted for every section of the application form making it easier for schools to assess their readiness to apply for the Active School Flag.



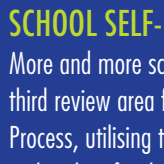
ASF SAMPLE IMPROVEMENTS

Many new sample improvements have been uploaded to the ASF website as a means of sharing out ideas amongst schools.



ASF AUTUMN PRESENTATIONS

ASF presentations will take place across the country during September and October. Schools intending to apply for the ASF or wishing to review their ASF status are advised to attend.



SCHOOL SELF-EVALUATION PROCESS

More and more schools are choosing PE as the third review area for the School Self-Evaluation Process, utilising the work that they have undertaken for the ASF.



SIGN UP TO OUR NEWSLETTER

Receive regular updates on ASF by signing up to the ASF Newsletter.

ACTIVE SCHOOL WEEK

25TH – 29TH APRIL, 2016

Active School Week (ASW) is an integral part of the ASF process and ALL schools are encouraged to make it part of their annual school calendar.

One of the aims of ASW initiative is to show that not only is physical activity good for you but it can also be FUN and a great way to spend time with your friends.

ASW is a whole school initiative. It provides schools with an excellent opportunity to collaborate with parents, the local community and national agencies to promote physical activity in a fun and inclusive way. An information leaflet will be issued to schools in March.

*Schools are free to run an Active School Week at any point in the school year if the above dates are unsuitable.



“The Active School Week was a new experience for our school. It was inclusive of all children and focused on cooperative games rather than competition. It was evident from the smiling faces and the atmosphere in the school during Active School Week that the children really enjoyed the activities. The comments and feedback from teachers, parents and children further highlighted the fact that ASW was enjoyable, rewarding, fun and most of all active for all children in the school”.

St Seachnall's NS, Dunshaughlin, Co. Meath