

Volleyball Association of Ireland

<http://www.volleyballireland.com/>

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Primary & Post Primary Teacher Workshops & Competitions

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PRIMARY Schools – Mini Spikers 6-9 year olds

The Mini Spikers Programme is an introductory Volleyball Programme targeting 6 to 9-year-old children. The overall aim of the programme is to develop children's Fundamental Movement Skills (FMS) through a variety of FUN activities and provide an age appropriate FUN introduction to the game of Volleyball. The Mini Spikers game is a simple adapted game that is presented and taught through three stages preparing players to progress onto playing SpikeBall and Volleyball. The Mini Spikers Programme encourages:

- Movement, Movement and **MORE** Movement!
- Active involvement with activities offering children a learning opportunity while having fun with friends.
- More children to start playing Volleyball at an earlier age and continue playing Volleyball.

The Mini Spikers Programme includes:

- Resource manual with lots of FUN activities to develop Fundamental Movement Skills and Volleyball specific skills.
- An adapted game, the Mini Spikers Game, taught in three stages.
- Certificates for children completing each of the three stages.
- Adapted equipment.
- Practical workshops for Teachers and Coaches.
- Fun Festivals organised on a local basis.

Contact **Jessie** at ty2@volleyballireland.com for further information about the Mini Spikers Programme

PRIMARY Schools - Programmes and Resources

Introduction to Spikeball Workshop – Spikeball is growing in terms of popularity and participation amongst schools due to being inclusive, fun and skilful. The VAI offer a 2-hour workshop where teachers can learn the game or brush up on their knowledge. Registered schools can send teachers on a workshop for €10 per person. Teachers will also receive resources once the workshop has been completed.

Schools can register by filling in the registration forms [HERE](#). Brand new schools will receive a Spikeball Handbook and DVD.

Equipment OFFER – Schools can purchase Spikeballs (€18) from the VAI or our [Spikeball Starter Pack](#) for €230

Teacher training courses: A list of workshops can be found [HERE](#) (To be updated in September 2017)

Once registered, schools can also get involved with county blitz's or go for gold in our All Ireland Competitions. Contact the above Development Officers for more information.

POST PRIMARY Schools - Programmes and Resources

The Volleyball Association of Ireland, in partnership with the Sport Ireland “Women in Sport”, are delighted to announce the 11th Year of the Transition Year Girls SpikeBall Leaders Programme.

How It Works

- A Volleyball Association of Ireland (VAI) accredited Tutor will deliver a 6 hour TY Leadership course to TY Girl Students on how to introduce an adapted Volleyball game (SpikeBall) to primary schools in the local community and junior students in their own school.
- The programme includes information on coaching, refereeing, administration and PR.
- The students will receive a VAI/ISC SpikeBall Leaders Award Certificate.
- Students will help organise a SpikeBall Blitz on completion of programme.
- The VAI will monitor and evaluate the programme.

The Programme will:	Post - Primary School Benefits:
<ul style="list-style-type: none">✓ Develop leadership, event management, administration & life skills among TYstudents.✓ Further promote volleyball in primary schools & in the local community.✓ Enhance the profile of the TY Programme in your school in the local community.	<ul style="list-style-type: none">✓ VAI/ISC Certified Leadership Award Course.✓ VAI/ISC Student Certificate✓ 3 SpikeBalls, 1 DVD,✓ 1 Handbook and Work Materials✓ SpikeBall Coach Badges✓ Increase profile in local community

Schools can register by following the link and returning the completed [application form](#).

PRIMARY & Post Primary – Sitting Volleyball

The Volleyball Association of Ireland (VAI) has recently launched its new and exciting development programme for Sitting Volleyball. Sitting Volleyball has grown to be one of the most popular Paralympic sports due to its fast paced and energetic action. The game offers both disabled and able bodied players the opportunity to compete both with and against each other in this dynamic team sport. The VAI have delivered development demonstrations of Sitting Volleyball to multiple organisations around Ireland and have had fantastic feedback on this inclusive sport.

The VAI offer a 3 hour Introductory Workshop to Sitting Volleyball. The workshop is ideal for anyone interested in trying out a new sport and for teachers, coaches and volunteers who may be looking for a new inclusive sport to introduce to their students.

Here is a video of one of our Sitting Volleyball Development Days;

<https://www.youtube.com/watch?v=nN2HyB0eSuU>

If you are interested in giving Sitting Volleyball a go or want to find out more about it, please contact Jessie at inclusion@volleyballireland.com