



ACTIVE SCHOOL

MORE SCHOOLS, MORE ACTIVE, MORE OFTEN

Irish Tug of War Association

Tug of War is a great, inclusive sport that can be enjoyed by all ages

There are approximately 60 clubs affiliated to the Irish Tug of War Association. Tug of War teams usually comprise of eight pullers whose total weight must not exceed the weight category of the particular competition. Contests between two teams are best of three pulls. The object is to pull the opposing team a distance of four meters to win the pull.



Contact Details – Schools Development

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Find a Club: <http://irishtugofwar.com/find-a-club/>

PRIMARY Schools - Programmes and Resources

- Ropes available to schools on request.
- It is possible to organise volunteers for local training & events.

POST PRIMARY Schools - Programmes and Resources

- Ropes available to schools on request.
- It is possible to organise volunteers for local training & events.