## **MEATH Schools**

The following support is available to schools running **Active School Week** programmes. Keep an eye on this website as more offers will issue between now and ASW

ACTIVITY	OFFERS/IDEAS	Target Groups	Dates of OFFER	CONTACT
ATHLETICS	School MILE Challenge	Primary (5 <sup>th</sup> and 6 <sup>th</sup> class) and Post Primary schools	March - June	Anthony White schools@athleticsireland.ie
BADMINTON	ASW BADMINTON 5 Star Challenge.  Why not try this FUN, easy to set up Badminton Challenge as part of your ASW programme.	Primary and Post Primary schools	March - June	Fiach Andrews fandrews@badmintonireland.com  If your school would like to try out the challenge but does not have badminton equipment please email development@badmintonireland.com and we will try to arrange equipment on loan from your local club.
CYCLING	Sprocket Rocket CYCLING – Fun activities for the Playground	Primary Schools	March - June	Lawrence Salonen  lawrence.Salonen@cyclingireland.ie

HOCKEY	Hockey Skills Challenge  Why not take on a Hockey Skills Challenge during Active School Week? This skills circuit is easy to run and easy to set up with FREE online resources available to support you every step of the way. To register visit <a href="http://hscregistrationschool.questionpro.com/">http://hscregistrationschool.questionpro.com/</a>	Primary and Post Primary schools	March - June	Sue Haslam Sue.haslam@hockey.ie
KICKBOXING	Kombat Martial Arts, Ratoath  Free taster sessions for students, staff, TY programmes etc.	Primary and Post Primary schools	March - June	Eddie Hennessy eddie@kombat.ie
PITCH and PUTT	Trim Pitch and Putt Club  FREE use of facility FREE coaching session	Primary & Secondary schools	March - June	Paddy Kelly paddyk8@hotmail.com
PITCH and PUTT	Navan Pitch and Putt Club  FREE use of facility FREE coaching session	Primary & Secondary schools	March - June	Betty Garry navanpitchputt@gmail.com
SWIMMING	SWIM for a MILE Challenge  The mile (1,600m, 64 lengths of a 25m pool) can be completed individually or as a relay, during school swim lessons or at the local pool at a time that suits you.	Primary and Post Primary schools	March - June	Carol Finlay participation@swimireland.ie (086) 868 4346

	Certificates will be provided for all participants free of charge. Medals and swim hats are also available, at a small cost.			
TUG of WAR	Free Tug of War demonstration visit and option to purchase rope (€20)	Primary and Post Primary schools	March - June	Cathy O Toole Ladiestugofwar2015@gmail.com
ULTIMATE FRISBEE	Experienced coach available to visit schools to give an Introductory session (a small fee may apply)	Primary and Post Primary schools	March - June	Dominick Smyth <u>Dominick@irishultimate.com</u>
VOLLEYBALL	SITTING Volleyball – Why not give this fast paced, entertaining and inclusive Paralympian sport a go? It's simple to set up and play.  Take the 60 Seconds SITTING VOLLEYBALL Challenge	Primary and Post Primary – suitable for able bodied and disabled players	March - June	Norma Mc Intyre east@volleyballireland.com (01) 6707165
WALKING	Get Ireland Walking – Primary Schools Competition Get Ireland Walking (GIW) will award a trophy to the school that:  a. Designs the best walking route (to include 8 exercise stations) b. Covers the most distance walking during their ASW programme	Primary schools	Closing date – June 10 <sup>th</sup>	David Gaul david@getirelandwalking.ie

<u>Information Sheet</u>		