



Ladies Gaelic Football Association



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PRIMARY Schools - Programmes and Resources

TEACH Workshop– This two hour workshop is for primary and post primary school teachers interested in coaching Ladies Gaelic Football, through their PE classes or school teams. The workshop aims to provide training and support to teachers, who impart valuable coaching services to many players.

Resource Booklet - LGFA have a resource booklet available to primary school teachers so that fun Ladies Gaelic Football games can be up set up with minimal equipment and in small spaces. These games will help pupils and students of all ages and abilities improve their physical activity levels and skills in a fun and structured way.

Go Games - These are small sided non-competitive games where the emphasis is on participation as opposed to results. They are suitable for up to and including u12s. A summary of the Go Games recommended playing rules can be viewed on our website www.ladiesgaelic.ie

Gaelic4Girls – G4G is a 12 week programme incorporating coaching sessions with fun non-competitive blitzes aimed at increasing participation in Ladies Gaelic Football. The programme targets girls aged between 8-12 years who are not currently registered with a Ladies Gaelic Football club. In essence, this is a tool to attract new players and develop club/school links <http://ladiesgaelic.ie/games-development/gaelic4girls-2/>

Primary Teacher In Service Course – The LGFA, in conjunction with the Gaelic Games Family has developed a Primary School Teacher In Service Summer Course based around the primary school PE curriculum and incorporating all the Gaelic Games Codes.

POST PRIMARY Schools - Programmes and Resources

TY Programme – The LGFA TY/AS programmes key focus is to ensure students gain lifelong skills that are transferable to many aspects of academic and social situations both inside and outside the school.

In addition, this programme will provide your school with an opportunity to forge strong sustainable links with the local Primary schools and LGFA clubs in your catchment area. The programme is designed to provide coaching, referee and event management skills to teenagers.

The students utilise their skills developed in Day 1 of the programme to host an event in their school for one of the two groups listed below. Working in groups, they will organise the event in all areas such as promotion- pre and post event, coaching and refereeing. Day 2 can be organised in conjunction with the following group:

- Local Primary Schools in the catchment area (5th/6th Class Girls)
- 1st year female students in the school and/or surrounding schools

TEACH Workshop – This two and half hour workshop is for Primary and Post Primary school teachers interested in coaching Ladies Gaelic Football, through their PE classes or school teams. The workshop aims to provide training and support to teachers, who impart valuable coaching services to many players.

Resource Booklet - LGFA have a resource booklet available to post primary school teachers so that Ladies Gaelic Football games can be up set up with minimal equipment and in small spaces. These games will help pupils and students of all ages and abilities improve their physical activity levels and skills in a fun and structured way.