



ACTIVE SCHOOL

MORE SCHOOLS, MORE ACTIVE, MORE OFTEN

Hockey Ireland



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PRIMARY Schools - Programmes and Resources

Hockey Skills Challenge – Challenge your players to get active and develop their sporting abilities with the Hockey Skills Challenge. Take on a skills circuit with an opportunity for everyone to earn a Certificate of Hockey Skill. This skills circuit is easy to run and easy to set up with resources available to support you every step of the way. Supported by the Irish Sport Council's Women In Sport, the Hockey Skills Challenge is fun, rewarding and free! <http://hscregistrationschool.questionpro.com/>

Hooked on Fun – *Hooked on Fun* includes 15 session plans for 6-9 year olds focused on introducing hockey in a fun and challenging way (with and without a stick), while also allowing for the development of fundamental movement skills and physical literacy.

http://sportlomo-userupload.s3.amazonaws.com/uploaded/galleries/8089_uploaded/Development/Tricks%20%20Sticks/Complete%20Hooked%20on%20Fun%20Sessions%20Updated.pdf

Fun 4's (6-9 year olds) – Small sided game format for beginners and 6-9 year olds. <http://sportlomo-userupload.s3.amazonaws.com/uploaded/8089/phase1fun4s1.pdf>

Super 6's (11 -12 year olds) – Small sided game format for 11-12 year olds. <http://sportlomo-userupload.s3.amazonaws.com/uploaded/8089/phase2super6s1.pdf>

Primary Schools Hockey Competitions - There is also a range of primary school hockey competitions taking place all over the country. Hockey Ireland will happily facilitate your school to take part. If you are already playing hockey in

your school and you wish to develop further, we have a range of services that can be delivered by our hockey development officers. Don't forget, hockey is both a girls and boys sport and you don't need to have a hockey pitch to take part!

Fundamentals of Coaching Hockey Course for Teachers - This is just one of the coaching programmes available from Hockey Ireland – click the following link for more information on our courses. <http://www.hockey.ie/fundamentals>

POST PRIMARY Schools – Programmes and Resources

Hockey Skills Challenge – Challenge your players to get active and develop their sporting abilities with the Hockey Skills Challenge. Take on a skills circuit with an opportunity for everyone to earn a Certificate of Hockey Skill. This skills circuit is easy to run and easy to set up with resources available to support you every step of the way. Supported by the Irish Sport Council's Women In Sport, the Hockey Skills Challenge is fun, rewarding and free! <http://hscregistrationschool.questionpro.com/>

TY Hockey Programme – This is a leadership programme which focuses on two aspects of our sport; coaching and umpiring. This programme is delivered over 1.5 days and the course can be run on your school grounds. <http://www.hockey.ie/school>

Post Primary Schools Hockey Competitions - There is a range of secondary school hockey competition taking place all over the country and Hockey Ireland will happily facilitate your school to take part. If you are already playing hockey in your school and you wish to develop further, we have a range of services that can be delivered by our hockey development officers. Don't forget, hockey is both a girls and boys sport and you don't need to have a hockey pitch to take part!

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