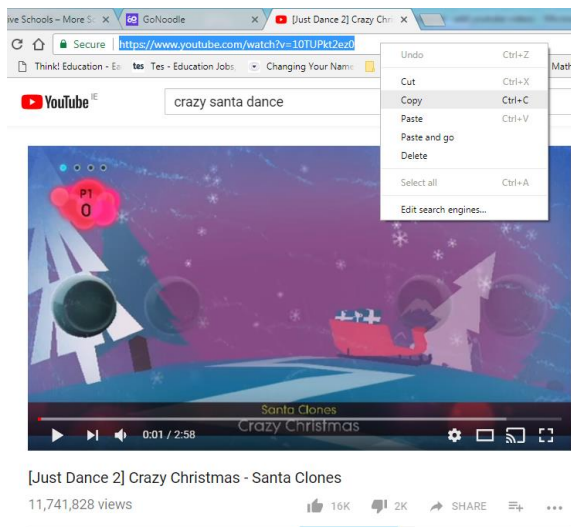
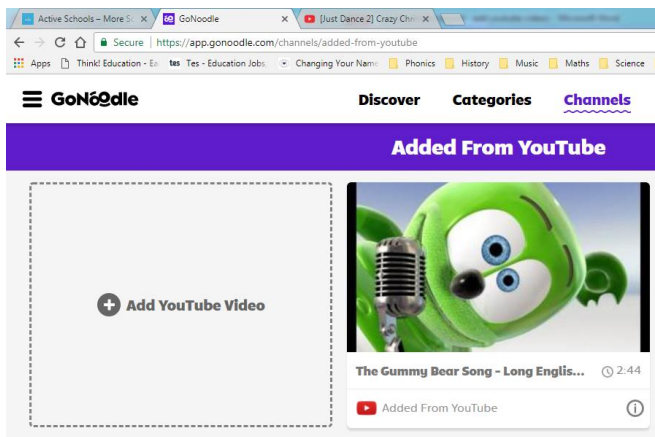


1. Open a new tab in your browser. Log into Go Noodle. Select 'Channels' and select Youtube.
2. Open Youtube on separate tab in browser. Locate the video you want to add to your GoNoodle account and copy the URL ie. Highlight the link, right click on it and select copy.



3. Return to Go noodle tab. Select "Add Youtube Video" (see below)



4. Right click and paste your Youtube URL into the input field and select the type of activity: Energizing, Calming Etc. Click 'ADD'. Et voila!

