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PRIMARY Schools - Programmes and Resources
Fencing is a European martial art that is both physically and mentally challenging. The sport requires speed, fitness and the ability to outthink your opponent. Children that are reluctant to take part in team games often enjoy the individuality of fencing. Over the past seven years several pupils that had their first taste of fencing through the schools’ programme have gone on to represent Ireland at an international level. The Irish Fencing Federation can arrange demonstrations, equipment and coaching. Presently this is only available in the Dublin area and for children aged 8 years and upwards.

Programmes and Resources – Post Primary Schools
Fencing is a European martial art that is both physically and mentally challenging. The sport requires speed, fitness and the ability to outthink your opponent. Children that are reluctant to take part in team games often enjoy the individuality of fencing. Over the past seven years several pupils that had their first taste of fencing through the schools’ programme have gone on to represent Ireland at an international level.

Start Up Grants - The Irish Fencing Federation can arrange demonstrations, equipment and coaching. Presently this is only available in the Dublin area and for children aged 8 years and upwards.